



2025-2026 SCHOOL YEAR

PORTLAND, TX



Parents, you and your child will **LOVE**
our After School Program at
Powerhouse Martial Arts & Fitness!

■ **The best after-school program available in the area!**

Our program includes after-school pick up at select schools, afternoon TaeKwonDo classes, and quality child care in a safe & fun environment!

■ **TaeKwonDo will have a positive impact on your child!**

Studies have shown that TaeKwonDo training can help your child improve confidence and develop leadership skills necessary to succeed in life.

■ **Affordable child care & extracurricular activities!**

If you're like most parents, you're probably on a budget. Our rates are comparable to other after school programs AND you receive TaeKwonDo instruction.



POWERHOUSE
MARTIAL ARTS + FITNESS

409 CEDAR DR, PORTLAND, TX 78374 ■ STAFF@PORTLANDMAF.COM
(361) 643-7853 ■ PORTLANDMAF.COM



2025-2026 SCHOOL YEAR PORTLAND, TX

ENROLLMENT FEES

- **New Student Enrollment Fee: \$250**
New students Includes: Uniform starter packet.
- **Returning Student Enrollment Fee: \$199**
All returning students Includes: New Dri-fit shirt, and snacks for school year.
- **Add-On: Brazilian Jiu-Jitsu Uniform: \$50**
Returning students only. \$90 if bought later.
- **NOTE:** All Returning students must have all equipment required for current rank. All Returning students will be required to buy any items that they are missing, broken or out grown.

WEEKLY TUITION

- **\$110 per week (1st child) / \$105 per week (each additional family member)**
- \$25 per child (Early Release Days)
- One Day Camps: \$55 per child, per day

**Late pick up fees will be charged at \$1 per minute for the first 30 minutes and \$5 per minute after the first 30 minutes. See our policy manual for a complete list of penalty fees.*

TUITION INCLUDES:

- Transportation From School
- Regular TaeKwonDo Classes
- Jiu-Jitsu Classes (returning students only)
- Testing Fees (TaeKwonDo only)
- Tournaments
- Homework Time
- Healthy Snack
- Planned Activity
- Free Time
- Fun!

PROGRAM INFORMATION

TAEKWONDO

Our TaeKwonDo program offers daily core lessons. These lessons develop self-esteem and confidence, teach discipline and self-control, help channel aggressive energy, develop lifetime self-defense skills, are fun, and encourage positive work and academic values. Students are continually asked to achieve new levels of personal development through fun & engaging TaeKwonDo lessons!

OTHER PROGRAMS AVAILABLE *

- **JIU-JITSU:** Jiu-Jitsu is a combat sport & self-defense system that offers many of the same benefits as TaeKwonDo! Add another element to your child's martial arts experience with this program!

**Ask a staff member if you are interested in our other programs. Available to returning students only.*

PROGRAM SCHEDULE

- | | |
|-----------------|-----------------------------|
| ■ 2:45 - 3:30pm | Pickup from school |
| ■ 3:30 - 4:00pm | Snack Time/Planned Activity |
| ■ 4:00 - 4:30pm | Homework/Free/Center Time |
| ■ 4:00 - 5:30pm | TKD Classes (Per schedule) |
| ■ 5:30pm | Pick Up |

(Students are required to attend 2-3 classes during the week. All regular classes will end by 5:15pm. Special programs will start after 5:30pm.)

I WOULD LIKE TO REGISTER MY CHILD FOR THE AFTER SCHOOL PROGRAM.

Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the deposit is paid. If you have been placed on a waiting list, we will notify you when space becomes available.

.....
STUDENT NAME:

.....
ACADEMIC SCHOOL

.....
GRADE

.....
ACADEMIC TEACHER

.....
Days needing after school care (please circle):
MON TUE WED THU FRI

.....
PARENT OR GUARDIAN NAME

.....
EMAIL ADDRESS

.....
STREET ADDRESS

.....
CITY, STATE, AND ZIP CODE

.....
HOME PHONE NUMBER

.....
CELL PHONE NUMBER

.....
WORK PHONE NUMBER