

Tiger-Rock Martial Arts of Portland is taking registrations for the 2025 TaeKwonDo Summer Camps for children ages 5 – 12. In addition to learning TaeKwonDo and Martial Weapons each child will be taught valuable life skills, how to avoid dangerous situations and what to do if approached by a stranger.

2025 PROGRAM DIRECTORS

Mr. Israel Martinez
5th Degree Black Belt
Certified Martial Arts Instructor & Success Coach

Mrs. Brittany Martinez
5th Degree Black Belt
Director of Life Skills & Craft Curriculum

PROGRAM DETAILS

Taekwondo Lessons Tiger-Rock TaeKwonDo blends the ancient art of TaeKwonDo with modern approaches to teaching and sport science to make our style available to everyone. Cultivate both inner and outer strength in a safe, comfortable environment.

X-Pro & Weapons Today it is practiced as a Martial Art that improves concentration, develops strength, coordination, self-discipline and cultivates awareness of an ancient culture and its traditions. Martial Arts weapons are from an ancient era in human history but are still relevant in today's world. Learning how to use a weapon is the best way to learn how to defend against it. The student will learn how to control the weapon and its strengths and weaknesses.

Life Skills Lessons Students will learn important life-skills lessons such as:

- Responsibility/Courage
- Physical Fitness
- Concentration/Focused Listening
- Patience/Perseverance
- Community
- Honor/Respect
- Friendship/Confidence
- Manners/Social Skills
- Honesty/Integrity
- Positive Attitude/Health



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- Deposit: \$50 per person/per week
- Late Registration: \$25 per person/per week
- All camps will wrap up by 5:30pm.

FULL DAY CAMP:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- Full Day Camp (7:30am 4:00pm)
 \$214/weekly for 1st child
 \$189/week for each additional family member
- Extended Full Day Camp (7:30am 5:30pm)
 \$264/weekly for 1st child
 \$239/week for each additional family member
- Field trips included (subject to change/ availability); Lunch not included All students staying for Extended Full Day Camp (7:30am-5:30pm) must purchase a uniform to attend evening classes.

DAILY CAMP RATES:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- \$79 per day
- Includes Field Trips (subject to change)
- Lunch not included

2 HOUR SKILLS CAMPS

Taekwondo + Weapons Class

- \$149/week for 1st child
- \$129/week for each additional family member
- Skills Camps are held Mon-Fri 1pm 3pm
- Taekwondo Class:1pm 2pm
- Weapons class: 2pm 3pm

* Late Pickup fee: \$1/min for first 30 min, \$5/min after first 30 min * All campers will receive ONE shirt for camp registration. Any additional shirts must be purchased.

SAMPLE DAILY SCHEDULE

7:30am-9am: Drop off 9am-12 Noon: Daily Field Trips

12–1pm: Lunch

1–2pm: Taekwondo class

2-3pm: Martial Arts Class (X-Pro, Martial Arts

Weapons training, Jiu-jitsu)

3–4pm: Free Time/Pick up 4–5:30pm: Extended care

Evening classes are available: must register for the regular program. Uniforms must be worn.

I would like to register my child for the 2025 Summer Camp Program. Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the tuition is paid. If you have been placed on a waiting list, we will notify you when space becomes available.
Daily: Select Day(s) M T W TH F Circle: Current Student or New Student Student's Name
Parent's Name
Address
City State Zip
Home Phone
Work/Cell Phone
Email