



TIGER-ROCK MARTIAL ARTS

# SUMMER'24

Martial Arts, Fitness, & Fun

## REGISTRATION NOW OPEN!

May 27–August 16, 2024

Tiger-Rock Martial Arts of Portland is taking registrations for the 2024 TaeKwonDo Summer Camps for children ages 5 – 12. In addition to learning TaeKwonDo and Martial Weapons each child will be taught valuable life skills, how to avoid dangerous situations and what to do if approached by a stranger.

### 2024 PROGRAM DIRECTORS

**Mr. Israel Martinez**  
4th Degree Black Belt  
Certified Martial Arts Instructor & Success Coach

**Mrs. Brittany Martinez**  
4th Degree Black Belt  
Director of Life Skills & Craft Curriculum

### PROGRAM DETAILS

**Taekwondo Lessons** Tiger-Rock TaeKwonDo blends the ancient art of TaeKwonDo with modern approaches to teaching and sport science to make our style available to everyone. Cultivate both inner and outer strength in a safe, comfortable environment.

**X-Pro & Weapons** Today it is practiced as a Martial Art that improves concentration, develops strength, coordination, self-discipline and cultivates awareness of an ancient culture and its traditions. Martial Arts weapons are from an ancient era in human history but are still relevant in today's world. Learning how to use a weapon is the best way to learn how to defend against it. The student will learn how to control the weapon and its strengths and weaknesses.

**Life Skills Lessons** Students will learn important life-skills lessons such as:

- Responsibility/Courage
- Physical Fitness
- Concentration/Focused Listening
- Patience/Perseverance
- Community
- Honor/Respect
- Friendship/Confidence
- Manners/Social Skills
- Honesty/Integrity
- Positive Attitude/Health



409 Cedar Drive, Portland, TX 78374  
(361) 643-7853 · [PORTLANDMAF.COM](http://PORTLANDMAF.COM)



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- Deposit: \$50 per person/per week
- Late Registration: \$25 per person/per week
- All camps will wrap up by 6:30pm.

## FULL DAY CAMP:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- **Full Day Camp (7:30am - 4:00pm)**  
\$214/weekly for 1st child  
\$189/week for each additional family member
- **Extended Full Day Camp (7:30am - 6:30pm)**  
\$264/weekly for 1st child  
\$239/week for each additional family member
- Field trips included (subject to change/availability); Lunch not included  
**All students staying for Extended Full Day Camp (7:30am-6:30pm) must purchase a uniform to attend evening classes.**

## DAILY CAMP RATES:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- **\$79 per day**
- Includes TR Camp T-Shirt; must be worn daily
- Includes Field Trips (subject to change)
- **Lunch not included**

## 2 HOUR SKILLS CAMPS

Taekwondo + Weapons Class

- **\$149/week for 1st child**
- **\$129/week for each additional family member**
- Skills Camps are held Mon-Fri 10AM to 12PM
- Taekwondo Class: 10am - 11am
- Weapons class: 11am-12 Noon

\* Late Pickup fee: \$1/min for first 30 min, \$5/min after first 30 min

\* All campers will receive ONE shirt for camp registration. Any additional shirts must be purchased.

## SAMPLE DAILY SCHEDULE

7:30 – 10:00am	Drop Off
8:00 – 10:00am	Life Skills Lesson/Scheduled Activity
10:00 – 11:00am	Taekwondo Class
11:00 – 12:00pm	Martial Arts Class (XP, weapons)
12:00 – 1:00pm	Quiet/Reading/Rest – Lunch Time
1:00 – 4:00pm	Afternoon Field Trip
4:00 – 4:30pm*	Free Time/Pick Up

Evening classes are available: must register for the regular program. Uniforms must be worn.

I would like to register my child for the 2024 Summer Camp Program. Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the tuition is paid. If you have been placed on a waiting list, we will notify you when space becomes available.

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|---|---|
| <input type="checkbox"/> May 27-31<br>(closed May 27) | <input type="checkbox"/> July 8-12        |
| <input type="checkbox"/> June 3-7                     | <input type="checkbox"/> July 15-19       |
| <input type="checkbox"/> June 10-14                   | <input type="checkbox"/> July 22-26       |
| <input type="checkbox"/> June 17-21                   | <input type="checkbox"/> July 29-August 2 |
| <input type="checkbox"/> June 24-28                   | <input type="checkbox"/> August 5-9       |
| <input type="checkbox"/> July 1-5<br>(Closed July 4)  | <input type="checkbox"/> August 12-16     |

Daily: Select Day(s) M T W TH F  
Circle: Current Student or New Student

Student's Name

Parent's Name

Address

City

State

Zip

Home Phone

Work/Cell Phone

Email