# Thank you for choosing Tiger-Rock Martial Arts!

Since 1983, Tiger-Rock Martial Arts has made a huge impact on the lives of young martial artists across the country. Through our curriculum that combines martial arts, physical fitness, and essential life skills training, Tiger-Rock is helping build the next generation of leaders today.

Your child will build confidence, strength, and discipline through our renowned martial arts program.



# Check out our other programs:

Kids & Adult Taekwondo
Fitness & Conditioning
Self-Defense Training
Summer Camps For Kids
XP: Extreme Performance



Tiger-Rock Martial Arts of Portland 409 Cedar Dr · Portland, TX 78374 (361) 643-7853 · PORTLANDMAF.COM







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### **PROGRAM INFORMATION**

- Parents, you and your child will love our After School TaeKwonDo Program.
- Our rates are comparable to other after school programs AND you receive TaeKwonDo instruction.
- When you enroll your child in our After School
- Program, we'll provide more than quality child care, we'll teach your child TaeKwonDo.
- Studies have shown that TaeKwonDo training can help your child improve confidence and develop leadership skills necessary to succeed in life.
- If you're like most parents, you're probably on a budget. Our program makes it easy to give your child TWO activities for the price of one.

### **TAEKWONDO**

Our TaeKwonDo program offers daily core lessons. These lessons develop self-esteem and confidence, teach discipline and self-control, help channel aggressive energy, develop lifetime self-defense skills, are fun, and encourage positive work and academic values. Students are continually asked to achieve new levels both physically and emotionally. Our environment, though demanding, is one of achievement through individual growth. By focusing and working hard, our students realize that they can be highly successful in TaeKwonDo.

### OTHER PROGRAMS AVAILABLE\*

- Martial Arts Classes: All Ages 4 Years & Up.
- Honors & Leadership: is our instructor program. We teach the students leadership skills that will help them at school, here in the academy and in day to day life.
- X-Pro: Invitation only classes in weapons, extreme martial arts, and free design forms.
- Fitness: High Intensity Interval Training in a team work environment. Adult only classes offered at this time.

\*Ask a staff member if you are interested in our other programs.

# **PROGRAM FEES**

Student Deposit (Yearly/Non-Refundable)

### **ENROLLMENT FEES**

- New Student Enrollment Fee: \$250

  New students Includes: Uniform starter packet.
- Returning Student Enrollment Fee: \$199
  All returning students Includes: New Dri-fit shirt, \$35
  Annual T/R Dues, and snacks for school year.
- All Returning students must have all equipment required for current rank. All Returning students will be required to buy any items that they are missing, broken or out grown.

### **TUITION - WEEKLY**

- \$90 per week, per child for 6:00pm pick-up,\$85 per week per each additional child for 6:00pm pick-up
- \$100 per week, per child for 6:30pm pick-up, \$95 per week per each additional child for 6:30pm pick-up

### **TUITION - DAILY**

- \$25 per child (Early Release Days)
- \$55 per child (1 Day Camps)

### TUITION INCLUDES:

Transportation, Homework Time, Regular TaeKwonDo Classes, Snack, Planned Activity, Free Time, Fun!!

\*Late pick up fees will be charged at \$1 per minute for the first 30 minutes and \$5 per minute after the first 30 minutes. See our policy manual for a complete list of penalty fees.

### PROGRAM SCHEDULE

- 2:45 3:15 Pickup from school
- 3:15 3:50 Organized game time in gym
- 3:50 4:00 Free Time
- 4:00 6:00 TKD Class time (Specific Time.)
- 4:00 6:00 Homework Time(When Not in class)
- 6:00 or 6:30pm Pick Up

(Students are required to attend 2-3 classes during the week. All classes will finish by 6pm.)

# STUDENT INFORMATION

I would like to register my child for the 2023-24 After School Program.

Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the deposit is paid. If you have been placed on a waiting list, we will notify you when space becomes available.

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