

TIGER-ROCK MARTIAL ARTS OF PORTLAND

SUMMMER '22

SUMMER CAMPS & TRAINING

Registration Now Open!

May 31—August 19, 2022

Tiger-Rock Martial Arts of Portland is taking registrations for the 2022 Tae-KwonDo Summer Camps for children ages 5 – 12. In addition to learning Tae-KwonDo and Martial Weapons each child will be taught valuable life skills, how to avoid dangerous situations and what to do if approached by a stranger.

2022 PROGRAM DIRECTORS

Mr. Israel Martinez

4th Degree Black Belt
Certified Martial Arts Instructor & Success Coach

Mr. Anthony Martinez

4th Degree Black Belt
Certified Martial Arts Instructor & Success Coach

PROGRAM DETAILS

Taekwondo Lessons Tiger-Rock TaeKwonDo blends the ancient art of TaeKwonDo with modern approaches to teaching and sport science to make our style available to everyone. Cultivate both inner and outer strength in a safe, comfortable environment.

X-Pro & Weapons Today it is practiced as a Martial Art that improves concentration, develops strength, coordination, self-discipline and cultivates awareness of an ancient culture and its traditions. Martial Arts weapons are from an ancient era in human history but are still relevant in today's world. Learning how to use a weapon is the best way to learn how to defend against it. The student will learn how to control the weapon and its strengths and weaknesses.

Life Skills Lessons Students will learn important life-skills lessons such as:

- Responsibility/Courage
- Physical Fitness
- Concentration/Focused Listening
- Patience/Perseverance
- Community
- Honor/Respect
- Friendship/Confidence
- Manners/Social Skills
- Honesty/Integrity
- Positive Attitude/Health

**CAMP PRICING +
CAMP SCHEDULE**

See reverse side
for more information.

1500 WILDCAT DR. UNIT C, PORTLAND, TX 78374
(361) 643-7853 · PORTLANDMAF.COM



TIGER-ROCK MARTIAL ARTS OF PORTLAND

SUMMMER '22

SUMMER CAMPS & TRAINING

- Deposit: \$10 per person/Per Week
- Late Registration: \$25 per person/Per week
- All camps will wrap up by 4:30pm or 6:00pm.

FULL DAY CAMP:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- **\$169/weekly (9:00am - 4:30pm)**
- **\$149/week for 2nd family member**
- Early morning drop-off (7:30-9:00am) available for \$25/week
- Late pick-up (4:30-6:00pm) available for \$25/week
- Field trips included (subject to change/availability)
- Lunch not included

DAILY CAMP RATES:

Taekwondo + Weapons Class plus field trips, arts & crafts, fun games, and more.

- **\$79/day (Includes Field Trip fee/1 T-Shirt)**
- Camp T-Shirt: Each Camper will receive 1 Shirt (Shirts are required to be worn every day)
- Field Trip Fee: Included; (Lunch NOT included)
- Campers staying 4:30-6pm \$25 Weekly.
- Must have uniform to attend evening classes

2 HOUR SKILLS CAMPS

Taekwondo + Weapons Class

- **\$129 Weekly for 1st camper**
- **\$109 Weekly 2nd family member**
- Skills Camps are held Monday-Friday from 10:00am to 12:00 Noon
- Taekwondo Class: 10am - 11am
- Weapons class: 11am-12 Noon

Late Pickup fee: \$1/min for first 30 min, \$5/min after first 30 min

SAMPLE DAILY SCHEDULE

| | |
|-----------------|--|
| 7:30 -10:00am | Drop Off |
| 8:00 - 10:00am | Life Skills Lesson/ Scheduled Activity |
| 10:00 - 11:00am | Taekwondo Class |
| 11:00 - 12:00pm | Martial Arts Class (Hyper-Pro, weapons) |
| 12:00 - 1:00pm | Quiet/Reading/Rest – Lunch Time |
| 1:00 - 4:00pm | Afternoon Field Trip |
| 4:00 - 4:30pm | Free Time/Pick Up |
| 4:30 - 6:00pm | Afternoon Scheduled Activities/Pick Up |

Evening classes are available: must register for the regular program.
Uniforms must be worn.

I would like to register my child for the 2022 Summer Camp Program. Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the tuition is paid. If you have been placed on a waiting list, we will notify you when space becomes available.

- | | |
|---|---|
| <input type="checkbox"/> May 31-June 3 | <input type="checkbox"/> July 11-15 |
| <input type="checkbox"/> June 6-10 | <input type="checkbox"/> N/A July 18-22* Worlds |
| <input type="checkbox"/> June 13-17 | <input type="checkbox"/> July 25-29 |
| <input type="checkbox"/> June 20-24 | <input type="checkbox"/> August 1-5 |
| <input type="checkbox"/> June 27-July 1 | <input type="checkbox"/> August 8-13 |
| <input type="checkbox"/> July 5-8 | <input type="checkbox"/> August 15-19 |

Daily: Select Day(s) M T W TH F
Circle: Current Student or New Student

Student's Name _____

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Work/Cell Phone _____

Email _____