



Mr. & Mrs Martinez Head Instructors

**Be sure to check out  
our other programs:**

- TAEKWONDO
- GRAPPLING
- FITNESS CLASSES
- XTREME WEAPONS
- SUMMER CAMPS



**An affiliate of...**



361-643-7853  
1500 Wildcat Drive, Suite C  
Portland, TX, 78374  
[www.portlandmaf.com](http://www.portlandmaf.com)

# ***AFTER SCHOOL PROGRAM***



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## Program Information

- Parents, you and your child will love our After School TaeKwonDo Program.
- Our rates are comparable to other after school programs AND you receive TaeKwonDo instruction.
- When you enroll your child in our After School Program, we'll provide more than quality child care, we'll teach your child TaeKwonDo.
- Studies have shown that TaeKwonDo training can help your child improve confidence and develop leadership skills necessary to succeed in life.
- If you're like most parents, you're probably on a budget. Our program makes it easy to give your child 2 activities for the price of 1.

### TAEKWONDO

Our TaeKwonDo program offers daily core lessons. These lessons develop self-esteem and confidence, teach discipline and self-control, help channel aggressive energy, develop lifetime self-defense skills, are fun, and encourage positive work and academic values. Students are continually asked to achieve new levels both physically and emotionally. Our environment, though demanding, is one of achievement through individual growth. By focusing and working hard, our students realize that they can be highly successful in TaeKwonDo.

### Other Programs Available\*

**Grappling** is a style of ground fighting that uses your opponent's body against them. It is all about position and leverage which requires very little strength. The teaching methods taught are the only ones approved by TRMAI because of their safety and effectiveness. **XP:** Xtreme Performance is an invitation only class with weapons, extreme martial arts, and free design forms.

**Fitness:** High Intensity Interval Training in a teamwork environment, which is part or normal martial arts training program.

\*Ask a staff member if you are interested in our other programs.

## Program Fees

### Student Deposit (Yearly/Non-Refundable)

#### **\$199 Enrollment**

**New Students:** Includes: uniform starter packet.

All students: Includes: Dri-fit Shirt, \$29 Annual Dues and snacks for school year.

**All Returning Students** must have all equipment required for current rank. All Returning students will be required to buy any items that they are missing, broken or have out grown.

### Tuition

**\$75/Week** per child.(6pm) **\$85/Week** per child (6:30pm)\*

**\$70/Week** each additional child in same family (6pm)\*

**\$80/Week** each additional child in same family (6:30pm)\*

**\$20 per child (Early Release Days)**

**\$35 per child (1 Day Camps)**

### Tuition Includes

- Transportation
- Regular Martial Arts Classes 6 days
- Snack
- Planned Activity
- Free Time
- Fun!

### Late Pick Up Fees

Late pick up fees will be charged at \$1 per minute for the first 30 minutes and \$5 per minute after the first 30 minutes. See our policy manual for a complete list of penalty fees.

## Program Schedule

**3:00 – 4:00 Pickup from school**

**4:00 – 4:30 Organized games/Snacks/Free Time**

**4:30– 5:00 Leadership Program**

**6:00 or 6:30pm – Pickup**

**(Students are required to attend 2-3 classes)**

**Space is limited  
Register Today!**

## Student Information

I would like to register my child for the 2020/2021 After School Program. Please note that registration is not guaranteed once this form is filled out. Registration is complete when all required paperwork is on file at the academy and the deposit is paid. If you have been placed on a waiting list, we will notify you when space becomes available.

### STUDENT INFORMATION SECTION

Student Name: \_\_\_\_\_

Academic School: \_\_\_\_\_

Student Grade: \_\_\_\_\_

Academic Teacher: \_\_\_\_\_

Days needing After School care:

Please circle M T W Th F

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

Email: \_\_\_\_\_